

Annual First Aid Skills Update Course

Course Description:

Skills fade is inevitable during your 3 years as a qualified first aider. This course enables delegates to practice and update your skills at any time ensuring skills are maintained at the highest standard.

Course Outline:

Candidates will demonstrate their competence and update their skills in:

- o Assessing the situation in an emergency
- o Administering first aid to a casualty who is unconscious (including seizure)
- o Administering cardiopulmonary resuscitation
- o Administering first aid to a casualty who is wounded and bleeding
- o Administering first aid to a casualty who is suffering from shock

Course Duration:

3 hours

Assessment:

This course is subject to an ongoing assessment throughout the day by the tutor. There is no final assessment. The tutor ensures a thorough understanding has been achieved by questions, answers, discussion and practical scenarios.

Certification:

Successful delegates receive a certificate that is recognised by the Health and Safety Executive and is valid for a period of one year.

