

## CIEH Principles of Manual Handling

### Course Description:

This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace.



### Course Outline:

The qualification covers the following topics:

- : The process of manual handling in the workplace
- : Manual handling injuries and the activities which cause them
- : Manual handling assessment and control options
- : Responsibilities imposed by the Manual Handling Operations Regulations

### Course Duration:

1/2 Day

### Assessment:

Multiple choice examination paper of 20 questions

### Certification:

All those that pass the multiple choice assessment receive a certificate endorsed by the CIEH to prove they have participated in a training programme and successfully completed the assessment.

### Awarding Body:

CIEH

### Extra Details:

Exam paper is £8.81 per delegate (mandatory)

