

Principles of Manual Handling

Course Description:

This qualification introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace

Course Outline:

The qualification covers the following topics:

- : The process of manual handling in the workplace
- : Manual handling injuries and the activities that cause them
- : Manual handling assessment and control options
- : Responsibilities imposed by the Manual Handling Operations Regulations

Course Duration:

1/2 Day

Assessment:

There is no final assessment. The tutor ensures a thorough understanding has been achieved by questions, answers, discussion and practical scenarios

Certification:

Delegates receive a certificate of attendance

