

Principles of Manual Handling

Course Description:

This course introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to develop safer manual handling techniques in the workplace.

Course Outline:

The qualification covers the following topics:

- : The process of manual handling in the workplace
- : Manual handling injuries and the activities which cause them
- : Manual handling assessment and control options
- : Responsibilities imposed by the Manual Handling Operations Regulations

Course Duration:

1/2 Day

