

## Health and Safety in the Workplace

### Course Description:

In particular the course will enable the delegate to:

- : Work in healthy and safe manner
- : Contribute to your health and safety culture
- : Identify hazards associated with their workplace
- : Understand the importance of health and safety rules and working procedures
- : Report health and safety issues, near misses and accidents
- : Contribute to the risk assessment
- : Be responsible for their actions

### Course Outline:

The course covers:

- : Health, Safety and Welfare issues
- : Definitions of hazard, risk and control measures
- : Hazards in the workplace and control measures
- : Principles of accident prevention
- : Health and Safety at Work Act 1974 responsibilities and enforcement
- : Accident reporting
- : Risk Assessment
- : Fire awareness
- : Electricity
- : Control of substances hazardous to health
- : Manual handling
- : Work equipment
- : First aid

### Course Duration:

1/2 Day

### Assessment:

There is no final assessment. The tutor ensures a thorough understanding has been achieved by questions, answers, discussion and practical scenarios

### Certification:

Delegates receive a certificate of attendance

