

## Person Centred Approaches

### Course Description:

This training day gives you an introduction to person centred planning, person centred approaches and person centred support planning. This course will not give trainees the skills to actually produce a person centred plan or a person centred support plan (such as service designs and working policies), but will be an excellent starting point for these areas of work. It will also enable trainees to ascertain whether their skills and role are best suited to person centred planning or person centred support planning. This course is also suitable for families who wish to plan with their family member who has learning disabilities. This training day is co-delivered alongside an “expert by experience”, someone who has used Person Centred Planning in their own life.

### Course Outline:

The course covers the following topics:

- o Defining Person Centred Planning, Person Centred Approaches
- o An introduction to some of the tools used in Person Centred Planning
- o Examples of real Person Centred Planning in a variety of formats
- o Person Centred Planning and Care Planning – what’s the difference?
- o Circle of support
- o Defining roles and responsibilities

### Course Duration:

1 Day

### Assessment:

There is no final assessment. The tutor ensures a thorough understanding has been achieved by questions, answers, discussion and practical scenarios.

### Certification:

All delegates will receive a certificate of attendance

